Claims:

- 1. A moisture control strip comprising an elongate member having first and second wall component contacting faces, wherein the second wall component contacting face is opposed to the first wall component contacting face, and wherein the member has a width across the first and second wall component contacting faces, wherein the first wall component interface side has a plurality of projections defined thereon, wherein the projections are spaced vertically from each other.
- 2. The moisture control strip of claim 1, wherein each projection is separated from any adjacent vertically spaced projections by a groove, the groove has two ends and is open at both ends, the groove is configured to permit drainage of liquids collected therein, and wherein the moisture control strip has a plurality of apertures extending from the second wall component contacting face to the grooves.
- 15 3. The moisture control strip of claim 2, wherein each projection on the moisture control strip extends across the entire width of the elongate member.
 - 4. The moisture control strip of claim 2, wherein each groove has an upper face, a lower face and an inner face, and wherein the upper and lower faces are angled downwards in a direction into the moisture control strip.
- 20 5. The moisture control strip of claim 2, wherein the projections each have a wall component contacting surface defined thereon and a second groove defined in each wall component contacting surface, wherein the second groove is generally parallel to the longitudinal direction of the moisture control strip.
- 25 6. A wall comprising an inner wall component, an outer wall component, and a plurality of moisture control strips disposed between the inner wall component and the outer wall component, the moisture control strips each

including an elongate member having a first wall component contacting face with a plurality of vertically spaced projections defined thereon and a second wall component contacting face and wherein the projections engage one of the inner wall component and the outer wall component, and wherein the second wall component contacting face engages the other of the inner wall component and the outer wall component, wherein the moisture control strips are horizontally spaced from each other within the wall.

7. The wall of claim 6, wherein each projection is separated from any adjacent spaced projections by a groove, the groove has two ends and is open at both ends, the groove is configured to permit drainage of liquids collected therein, and wherein the moisture control strip has a plurality of apertures extending from the second wall component contacting face to the grooves.

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- 8. The wall of claim 7, wherein each projection on the moisture control strip extends across the entire width of the elongate member.
 - 9. The wall of claim 7, wherein each groove has an upper face, a lower face and an inner face, and wherein the upper and lower faces are angled downwards in a direction into the moisture control strip.
- 10. The wall of claim 7, wherein the projections each have a wall component contacting surface defined thereon, and a second groove defined in each wall component contacting surface, wherein the second groove is generally parallel to the longitudinal direction of the moisture control strip.
 - 11. A method of making a moisture control strip, comprising:
- a) providing a longitudinally extending member having a 25 generally rectangular cross-sectional shape; and
 - b) forming a plurality of laterally extending grooves across the entire width of the member, wherein the grooves are spaced longitudinally from each other, and wherein the grooves are defined at least in part by an

upper face and a lower face, and wherein the upper and lower faces extend at a downward slope angle in a direction into the member.

12. A method of making a moisture control strip as claimed in claim 11, wherein the grooves are formed by machining the member.

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